

Winter 2019 Events:

Attending a support group with others who have experienced a loss and are having similar reactions can be helpful with processing and validating your feelings.

Hospice of CNY support groups are facilitated by professional staff who are knowledgeable on the subject of grief and can offer insight towards healing during this difficult time.

Adult Grief Support 101

Four Monday sessions
January 7th – January 28, 2019
1:00 – 2:15 p.m.

Facilitated by Susan Bachorik, MS
Bereavement Counselor

To register call 315-634-2208 by January 4th, 2019

Adult Grief Support 101

Four Thursday sessions
February 7th - February 28th, 2019
6:00 - 7:15 pm

Facilitated by Joyce Nevola, LMSW
Bereavement Counselor

To register call 315-634-2208 by February 1, 2019

Drop-In Support Group For Loss

January 16th
February 20th
Wednesday, 5:30 – 6:30, in the Education
No registration required to attend this drop-in group.
Please call 315-634-2208 for more information.

All events are held at Hospice of CNY, 990 Seventh North St., Liverpool, NY. Please use the **Panasci Community entrance** at the back of the building, which is fully accessible. Doors open 15 minutes before events. **To check cancellations due to weather or emergency, call (315)-634-1113 x 307 two hours prior to the event.**