

# The Newsletter

## *From Hospice of Central New York*



### ***Local CEO Honored by Hospice for Volunteer Service***

By Caryn Hughes, Hospice of CNY Development Director

Hospice of Central New York depends heavily on their volunteers. There is no secret as to how to find them, and we are certainly fortunate to have so many. They are all special in their own way, and each one makes a difference. Maryann Roefaro is certainly special and has been making a difference at Hospice of Central New York for 15 years. To find out more about her commitment to Hospice, I reached out to Maryann to understand more about her passion for this Agency.

Maryann's first experience with hospice was during her former mother-in-law's illness. She says, "I don't know what our family would have done without the support and assistance during her end-of-life journey." When she first became the CEO of Hematology-Oncology Associates (HOA) there was a Hospice of CNY employee on site to facilitate referrals. Maryann says, "Hospice and HOA services are indelibly intertwined and I felt very strongly that I wanted to get more involved." She gave Hospice a call, went on a tour, and she was sold. Soon after she was asked to be on the Hospice Foundation Board of Directors where she served for 6 years, then another 6 years on the Hospice Operating Board. She also served terms as President on both Boards and many years as Chair of the September Song Committee. Maryann has been a passionate committee member, reaching out to her colleagues for corporate and personal support of Hospice's fundraising events. Her desire to help Hospice recently led her to raise money for Hospice while training for the NYC marathon. Her efforts brought in over \$11,000 to help Central New York families get the services they need at the end of life. She says she loved that event, "knowing that each step had a great deal of support for Hospice behind it". After that effort she solicited some other runners and currently chairs a committee to encourage people to solicit support as they train for an upcoming race, an effort that has been very successful.



I couldn't help but ask Maryann what she thinks makes Hospice of CNY so special that she would devote this level of service. Her response, "The mission is precious, the leadership and staff are outstanding, and the availability of resources available through Hospice for families dealing with death is a jewel in our community. Many families fear hospice, as they perceive it means the end, but that is not my perspective. Hospice can assist in the end-of-life journey in so many ways – they help a family cope, plan, and encourage meaningful passage." While passion is important in choosing volunteer work, there is still the need to find time. In addition to her role as CEO of Hematology Oncology Associates, Maryann is an author, marathon runner, wife and mother. She says, "It's all about priorities and allocating your time wisely. I worked very hard during my career to balance my work and family. I would not be successful without my family's love, support and some sacrifice. Thankfully, my husband is very supportive." As time allowed, she made time for the things she wanted to accomplish. For example, her running didn't start until she was 53. (Continued on Page 2)

## *Local CEO Honored by Hospice for Volunteer Service* (cont. from page 1)

As the Development Director of Hospice of CNY, I am always hoping to find more people who are willing to volunteer and give of themselves for our cause. It often seems like many young people have been given so much in today's world. Will they be willing to sacrifice for a cause they believe in? I asked Maryann for her thoughts on the next generation and community service. She said, "I see many generous spirits willing to fight for a cause, and they accept humanity on a scale that is more open-minded and understanding in nature...I think it's imperative as a parent to demonstrate a giving nature and encourage children to be involved in community service so it becomes a way of life for them." I also asked her what message she would give to those thinking about volunteering. Her response was, "Volunteering feeds the soul... and giving is a powerful tool that can help to create the conditions for a joy-filled life. I give with all my heart, but the fulfillment and joy that comes back is immeasurable."

At Hospice of CNY we are grateful that Maryann has given so much of her time and talent and feel blessed that we have been the recipient of her service. When asked what has kept her involved for so long she responded, "It's a privilege to be part of an organization that means so much to a community and provides vital services." She values the leadership at Hospice and feels that the people that work there are very special. She is very proud of her longevity as a Hospice volunteer and is happy to "have helped during difficult times" and also to have been there to "celebrate with successes".

Hospice of Central New York is privileged to honor Maryann at our September Song Event on September 15th at Traditions at The Links. We look forward to an evening of celebrating her many accomplishments as an incredible volunteer. This event is Hospice's biggest fundraiser of the year and will provide essential funds for end-of-life services for local families. For more information on how to join us as we honor Maryann Roefaro call 315-634-1100 or email Laurie Simpson at [lsimpson@hospicecny.org](mailto:lsimpson@hospicecny.org).



***Hospice needs Nurses Call 315-634-1100  
or Visit [www.hospicecny.org](http://www.hospicecny.org)***

### ***New Date but Still the Same Great Party!***

Hot cars without the cold winter night is how we'll be celebrating the 20th annual Charity Preview! This year Charity Preview will be held on Wednesday, November 1st, at the Oncenter in Syracuse. Over the past 19 years this one-of-a-kind event has been held in February; however, in order to accommodate the bowling convention, the event will be held in November.

Syracuse Auto Dealers Association's Charity Preview has become one of Central New York's most successful fundraising events. This special preview party of the Annual Auto Show includes live music, delicious food, cocktails and the new year models of cars, trucks, vans and luxury vehicles all on display. The best part about this party is that 100% of every ticket or sponsorship purchased goes directly to your charity of choice. Hospice of Central New York is honored once again to be one of the 13 charities chosen to benefit from this fabulous event.



Don't miss out on "The Best Party in Town" and a great opportunity to support patients and families in our community. For more information or to purchase tickets, donate or become a sponsor call the Development Office at 315-634-1100 or visit [www.hospicecny.org/cp-nov17](http://www.hospicecny.org/cp-nov17).

## *Children and Grief*



It can be very upsetting for a parent or caregiver when a child is hurting after the death of a special person, especially when the parent or caregiver is grieving as well. It is important to know that children do grieve, and they grieve differently from adults. It takes time for a child to fully understand and accept the person's absence. We cannot take away grief. We can only teach children how to cope with their feelings about the loss. How do you know when a child is struggling with their grief? You may see mood fluctuations, alteration in their school performance or behavior changes.

So how can you help your child? Be truthful. Do not avoid words like death and dying. Children often know more than we think, and honest conversation based upon a child's developmental age is helpful. Every child's grief is as unique as the relationship they had with the person who died. It is important for a parent or guardian to reassure the child that they are not alone; family and friends can help them. Also remember, grief knows no calendar. A child, like an adult, can experience grief over and over again. They may benefit from adult guidance and connecting with other children who have also experienced a loss.

The Hospice of CNY Grief Center offers children's grief groups throughout the year. Our next group gets underway on September 19, 2017. If you feel that your child can benefit from this group and would like to register for the next group or have additional questions, please call the Grief Center at 315-634-2208.

## *Annual Tribute Lights Appeal*

Once again, Hospice of Central New York will hold our annual Tribute Lights Appeal in November which invites families, friends and the community an opportunity to reflect and remember loved ones with a donation to Hospice. All gifts are recognized with a Tribute Light in our Solace Garden during the upcoming Holiday Season. Contributions of \$150 or more provide a permanent tribute brick to be placed in our Solace Garden in the spring.

This mailing provides much needed funds for Hospice of CNY's programs and services and is a wonderful way to honor someone special during the holidays. Check your mailbox or our website at [www.hospicecny.org](http://www.hospicecny.org) in November to make a donation. For more information about this appeal or the Solace Garden, please contact the Development Department at 315-634-1100.





# Hospice Donors Remember



Generous donors have chosen to remember their loved ones with gifts to Hospice of CNY. The following people have been honored by such gifts between April 1, 2017 and August 7, 2017:

## In Memory:



Mary Jane Albrecht	David V. Chandler	Hailey Grace Dwyer
Frank M. Aloï	Larry Lee Chilcoat	Anne Elizabeth Dye
Charles L. Ames, Jr.	Katherine L. (Gulliksen) Christiana	Mary Phyllis Easton
Dorothy (Finocchio) Andaloro	Thomas Christoff	Irwin Clay Edwards
Earl J. Anderson	Margaret "Peggy" (Ryan) Clancy	Stella Egan
William C. Annunziata	Gaynard P. Clark	Vickie Elsworth
Gustavo P. Aponte	Patricia Colligan	Richard S. (Dick) Engle
Andreas Armatas	Asa W. Colvin	Robert D. Essig, Sr.
Donna L. Ashworth	Joseph Connor	Christine Falchi
Fay C. Bailey	Timothy J. Connor	Diane (Galluzzo) Federico
Jean M. Balenski	Justin "Jay" Conover	Daniel Feldman
Ronald L. Barber	Katherine L. Considine	Paul John Ferretti
Robert J. Barbero	Nancy Jean Conway	Donna Fields
Richard Dick J. Barclay	James "Jim" Copani	Ferdinand Fietkiewicz
Marjorie Barry	Janice M. Corrigan	Dorothy Finkbeiner
James Battaglia	Lynn E. Courtwright	Salvatore "Sam" Firenze
Nancy L. Battelle	Melanie Casciano Coye	John S. Fishlock
Richard E. "Dick" Beach	Patricia D. Coye	Katherine A. Flattery
Elizabeth (Betty) Beard	Mary E. Craner	Faye Fleming
Carolyn A. (Lorber) Benton	Joan G. Crisp	Judith V. Eastman Hill Fleming
Joseph W. "Red" Bielak	Loretta J. Crossett	Barbara A. Francis
Neil R. Bitetti	MaryAnne (Dionne) Crossett	Richard J. Freeman
Theresa A. Blackwell	Nancy Cummings	James A. Gaffney
Loretta Ann Bono	Holly J. Cummins	Charles Joseph Galloway
Elizabeth "Betty" Crammond Bougor	Kenneth K. Cunningham	William "Scott" Gambee
Mary Boyea	George Charles Curtis	Mary Patricia Garn
Mary Elizabeth Brenenstuhl	James W. Deegan	Gerald F. Gavin
Margaret "Granny Bee" Brenneman	Michael W. DeGaramo	Concetta "Connie" Scali Geiss
Wesley Brenneman	Judith B. DeGrenier	Francis and Viola Gerthoffer
Bette L. (Hawes) Briscoe	John E. Delaney	Madelyn M. Gewinner
John Brown	Arthur A. Delia	Cheryl Ann Gilchrist
Robert J. Brown	Theresa M. Delia	Edward "Bud" Gilkey
William A. "Bill" Brunner	Rosemarie C. (Carbone) DiNatale	Thomas E. Gillson
Cara Ann Bryant	Elizabeth "Betty" Dodd	Girard and Perrin Families
Anthony L. "Tony" Bucci	James R. Doherty, Jr.	Hattie Glenn
A. Frederick "Fred" Bullion, Jr.	Phil and Lucy Domenico	David G. Grady
Robert Stuart "Bob" Burbank	Margaret (D'Onofrio) Donigan	Carol K. Gridley
Margaret E. Peggy	Frank J. Donnelly	Barbara Gunn
(Fogarty) Cadaret	Josephine J. Donnelly	Margaret "Peg" Guthrie
Judith A. (Judi) Cairns	Anthony R. "Tony" DonVito	Frances "Poochie" Hannafon
Grace C. Cali	Neil Driscoll	Walter A. Harig
Louis Cali	Wendell G. Duerr	Arta Lee Harrell
T. Mark Capone	Paul Dufault	Shelia R. Harrington
Peter L. Cappuccilli	Shirley M. Dunham	Joan S. Harris
James R. Carncross	Diana Mae Dunn	Howard N. Hawker
Janet A. Carr	Florence Durgée	Hugh S. Hawthorne
Paul and Jeanneanne Casson	Harry Durgée	Beatrice "Bea" (LaTray) Hazen
	James F. Durkin	John Ellswood "Jack" Heath



In Memory: **Additional Honor/Memorials**

Joanne M. Henderson  
Eleanor B. Henry  
Martin F. Herbert  
Geraldine Herold  
Wayne W. Hicks, Jr.   
Bob Hillers  
Robert Hobson  
Thomas R. Hogan  
Caroline (Resch) Hosler  
Thomas R. Humble  
Cecile (Viggiano) Ianno  
Adrien F. Janes  
David Janowski  
Margaret S. Jock  
Donna J. Johnson  
Christina "Tina" L. Jones  
Elizabeth Ann Jones  
Richard A. Jorgensen  
John Sean Joyce  
William Alois Jutton  
Frederick J. Karle  
Mary Tess Kaszubinski  
Gloria (Rynveld) Katz  
Irene M. (Lelakowski) Kellish  
Barbara Ann Kerwin  
Margaret N. Kilmer  
Joan M. (Guido) Kirkby  
John P. Kirsch  
Ward Nicholas Kissell, Jr.  
Harry F. Klodowski, Sr.  
Paul T. Kortright  
Anna Daucher Kozlowski  
Jennie A. Kozlowski  
Patricia Kraeger  
Catherine Ninette Kristoff  
Janet R. Kroes  
Robert M. Krupka, Jr.  
Henry S. Hank Krzykowski  
Lisa Labeille  
Vivian M. Lancto  
Donald F. Landis   
Larry and Fannie  
James W. Lauber  
Bridgett M. Lefancheck  
George "Duke" Robert LeFever  
Robert Elmer "Bob" Lenz  
Shirley Rita Lepkowski  
Frank J. Lewek  
George M. Lewis, Jr.  
Irene Rose Libby

Shirley Limpinsel  
Joseph M. LoBello  
Eleanor J. Loomis  
George M. Lorenz  
Harvey E. Loshaw  
John W. Luebs  
Elaine & Dennis Lykudis  
Mary J. Lynch  
Marilyn Roney Lyon  
Joyce E. MacDonald  
Kara E. MacDougall  
Karen A. (Szafraniec) Magnarelli  
Robert Malzman  
Margaret Manfredi   
Carl A. Marino, Esq.  
Anthony Martonosi  
Prof. Frederick Marvin  
Frieda K. Mastriano  
Francis "Frank" Peter Mazzye, Sr.  
John C. McCarthy  
Terrence W. "Terry" McCarthy  
Fay E. McDermott  
Reva L. (Whitford) McGiveron  
William D. McNamara  
Richard "Dick" E. Merrill  
Rita B. Miles  
Patricia L. Milliman  
Katharine "Kiki" Miner  
Bennie and Jalayne Mitchell  
Leland S. "Mitch" Mitchell  
Patricia "Pat Kay" Monahan  
Karen R. Morganstein  
David J. Morgillo  
Daniel A. Morrison  
Mother of Robert Koach  
James E. "Beans" Murphy, Sr.  
James R. Murphy  
June Y. Murphy  
Ann Nagle  
Mary E. Neary  
Rita Netti  
Sheila Niederhoff  
Ramon Nitzberg   
John Noble  
Roger F. Novak  
Roberta (Bobbie) Oberholtzer  
Beverly J. O'Connell  
Thomas H. O'Connor, Sr.  
Patrick J. O'Grady, Jr.  
Ruth "Ruthie" O'Keefe

Olivia Family  
John and Olga Oravec   
James E. O'Toole  
Christine A. Owens  
Sharon Marie Pacific  
Peter M. Pandori, Sr.  
Joan Ann Paries  
Carr and Virginia Parsons  
Joanne (Farnett) Patrie  
Edward V. Pearse  
Robert G. Peel  
Edward John Pellizzari  
Frank Perricone  
Margaret Petersen  
Vittorio Petrera  
Annie (Benedetto) Phelan  
Daniel P. Phillips  
Anita M. Pichaske  
Nance (Henry) Pilowa  
Lena Totsie Piselli  
Amy (Brillinger) Pole  
Virginia M. Pollastro  
Angela Pollicino  
John and Angela Pollicino  
Carol Will Porter  
Jean Przybylski  
Robert and Elvira Quarles   
Ruth Marie Quinn  
Benson Lee Raymond  
Patricia Reale  
Sally L. Reed  
Patricia "Pat" L. (Russo) Reney  
Maria Rentsch  
Amy Burdette Riggs  
Phyllis Ann (Cook) Riley  
Dani Riposo  
Donald C. Rogers  
James A. Root  
Lynne S. Root  
Marilyn H. Rosenberger  
Beverly J. Roser  
Robert "Bob" F. Roth  
Paul A. Roussin  
Michael S. Runyans  
Stanley and Mary Rurka  
David J. Russell, Jr.  
Donald J. Russo  
Jennifer L. Saccone  
Joseph M. Scarcelli  
Patricia M. Scarcelli  
Naomi Schayes

## Steps and Strides for Hospice



Kim Blomgren

Hospice of Central New York patients and families will benefit from two big races this fall, The Syracuse Festival of Races and The Syracuse Half Marathon. The Syracuse Festival of Races is taking place on Sunday, October 1st, and you can join us! This day of races has something to offer for everyone- Men's 5k, Women's 5K, 3K Fun & Fitness Run and a community walk. You can register online at [www.festivalofraces.com/register.html](http://www.festivalofraces.com/register.html). After you register be sure to join Hospice of Central New York's fundraising page. No matter how far you decide to walk or run, your efforts will go a long way toward helping others.

The Syracuse Half Marathon will take place on November 12th. Five generous runners -Kim Blomgren, Mara Pallatto, Sherry Jones, Tom Middleton and Raquel Patterson- will be raising money for Hospice of Central New York while they train for the big race. All five of these runners are passionate about running and Hospice of Central New York. If you want to donate to their run visit our donate page on the Hospice website.

Hospice of Central New York is very excited about these new fundraising opportunities. We hope to make every step and stride count for those who choose to join us on October 1st for the Syracuse

Festival of Races. Many Hospice of CNY staff will be at the race participating in various events. We also wish our Syracuse Half Marathon runners all the best as they train and raise money for patients and their families in our community. If you have any questions about how to walk/run with us in the Syracuse Festival of Races or about our presence at The Syracuse Half Marathon call the Development Department at (315) 634-1100.

### Register and Join Now:

**Step 1: Register here: [www.festivalofraces.com/register.html](http://www.festivalofraces.com/register.html)**

**Step 2: Join our team here: [www.crowdrise.com/hospice-of-central-new-york](http://www.crowdrise.com/hospice-of-central-new-york)**

## Additional Honor/Memorials

### In Memory:

Doris M. Schoolcraft  
Anna Scusa  
Inez Albanese Seneca  
Viola Sestito  
Sabra A. Sheedy  
Edith Mary Sheldon  
Edgar L. Shor  
Rose Shyposh  
Helen (Linta) Sienkiewicz  
Mary E. Simmons  
Rosemary Slagel  
Beatrice "Betty" Smith  
Elizabeth Hilliker Smith  
James Smith  
Mary Jo Smith  
Patrick Smith  
Siegfried Snyder  
Robert E. Spafford, Sr.  
Roy W. Spies  
Stella Spost  
Anna Ruth Starr  
Charles F. Starring

Marie D. Stessen  
Edmund W. Stimers  
Claudia A. (Crone) Stockley  
Sharon A. Stone  
Jane Stonesifer  
Richard Stoy  
Loretta I. Sturick  
Colleen M. Sullivan  
David Tartakoff  
Deborah Wright Taube  
Dr. Frederick B. Tierney  
Anthony "Tony" Tirinto  
Donald Tooley  
Rose L. Topple  
Joan Trivelpiece  
Grace Marie Tullar-Damico  
Joyce A. Tuohey  
Carol Tusomey  
Edward James Uhlig  
Louise Ungaro  
Carmino "Carmen" Vadala  
Peter A. Valentine  
Gloria J. (Palmer) Valentino

Roselyn M. (Zingaro)  
Valentino  
John R. Valler  
Sandra "Sandy" Van Dyke  
Jennifer A. Van Gorden  
Camillo A. Vanetti  
Frances P. Annesi Ventrone  
Raymond L. Volles  
Eileen R. Wagner  
Irene K. Wagner  
Barbara A. Walser  
Jane Walsh  
Herman F. Walter  
Nelson L. Warren  
Jay Waters  
William G. Watrous  
Julia B. Cichocki Waugh  
James K. Weeks  
Jane Welch  
Donald H. "Boogie" Wells  
Lucy Westcott  
Sandra Ann Weston  
Maureen J. Wheelock

Blanche E. Whipple  
Wilson and Louise Wicks  
Bruce W. Widger  
Harvey Wiles  
Phillip Andrew Willcox  
Donald F. Williams  
Richard Williams  
Stuart Williams  
Samuel D. Wolcott, Jr.  
Charles Wollowitz  
Albert W. Wood  
Anna Woodfin  
Josephine M. Wright  
Nancy J. (Merrick) Wyak  
Thomas A. Yanno  
Edward J. Yaroski  
Margaret M. (Santoro) Zerrahn  
Deborah A. Zimpfer  
Patricia L. Zink  
Robert H. Zinsmeyer

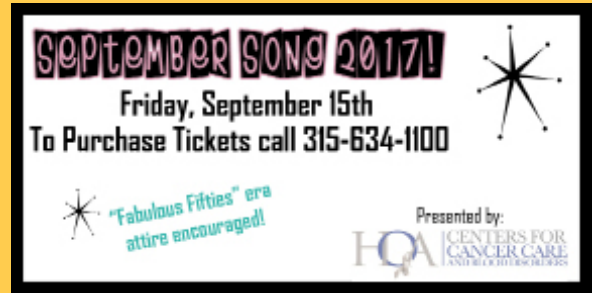


## Additional Honor/Memorials

### In Honor:

Ms. Kimberly J. Blomgren  
Mr. Joseph J. Carnese  
Mrs. Susan Conover  
Ms. Marcia Conroy  
Mr. Thomas Cullivan  
Ms. Ellie Hillers  
Hospice Staff and Volunteers  
Ms. Sherry Jones  
Graham and Emily Leggat

Ms. Diane Lewis  
Mr. Thomas Middleton  
Ms. Mara Pallatto  
Mrs. Nancy E. Pandori  
Ms. Raquel Patterson  
Mrs. Kelly Seubert  
Ms. Naomi St. Louis  
Ms. Kim Tyoe  
Ms. Cathy Wolf



## Another Sweet Event

Our Celebrating Life Through Chocolate Event in May was a great success! The room was full of Hospice of Central New York supporters, delicious desserts, great music by House Blend and a bountiful silent auction. The 10th annual Celebrating Life Through Chocolate event provided much needed funding to help Hospice of Central New York care for local families.

We are extremely grateful to everyone who participated. Whether you sponsored, donated an item to our auction, brought tasty treats or came and indulged, you made an impact for patients and families in our community.

If you missed this year's event, Celebrating Life Through Chocolate 2018 is bound to be just as delicious and fun! We hope you plan to join us. Mark your calendars for May 17, 2018 at Bella Domani in North Syracuse.



## The Hospice Open - A Big Success

It was a beautiful day filled with great company, long drives, sinking putts, and friendly competition. The June Hospice Open was a wonderfully successful event in celebration of Lynn Steenberg. Thanks to incredible community support, a strong and dedicated planning committee, and a lot of generosity from Lynn's family, friends, and colleagues the event revenue exceeded \$55,000.

It was a privilege to honor Lynn Steenberg for her service to the community and her dedication to Hospice of CNY, and only fitting that this event in her honor raised such a significant amount to support the patients and families that we serve. Hospice of CNY is grateful to Lynn and all who supported the Hospice Open. Congratulations to our tournament winners:



Cindy Chandler, CEO- Hospice of CNY,  
Lynn Steenberg, CEO of Sports PT

**1st Place Men's Team: Team KeyBank: Aaron Finch, Scott Harris, David Hutton and Rick Roehm**

**1st Place Ladies Team: Team Dignity Plus: Anne Woodward, Veronica Woodward, Lauren Wakeman and Sandy**

**1st Place Mixed Team: Team Dannible & McKee, LLP: Rick Brienzi, Chris Didio, Rosanne Didio and Jimmy Laubenstein**



Providing patients and families hope, comfort, support and healing when there is no cure.

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Liverpool, New York 13088  
www.hospicecny.org

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Hospice of Central New York cumple con las leyes federales de derechos civiles aplicables y no discrimina por motivos de raza, color, nacionalidad, edad, discapacidad o sexo.

ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-315-634-1100.

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