



LIVING AFTER SOMEONE YOU LOVE DIES

April 13, 2011 ~ 6:00-7:30 PM

**GUEST SPEAKER:
CINDY SQUILLACE, LMSW, FT**

- **To better understand the emotional, physical and spiritual journey we travel after a loved one has died**
- **To learn healthy ways of coping with the loss of a loved one**
- **To understand that there is no “right” way to grieve – everyone is unique**
- **How to accept joy and happiness back into your life**

A formal presentation by our speaker will be followed by a time for questions and conversation for those choosing to stay until 7:30.

The public is welcome free of charge. The Hospice Center is a fully accessible facility located at 990 Seventh North Street between Buckley Road and Electronics Parkway.

For more information, please call 634-2207 Monday-Friday, 8:30 pm-5:00 pm

Please use the Panasci Community Entrance

Should this program need to be cancelled due to weather or other emergency situation, we will leave a message at 634-1113 x 307 two hours prior to the event.