

Selected Resources on Grief

GENERAL GRIEF

Attig, Thomas

The Heart of Grief: Death and the Search for Lasting Love. 2002.

Casarjian, Robin

Forgiveness: A Bold Choice For a Peaceful Heart. 1992.

Davidson, Judy

Grieving Well: A Personal Journal for Adults About Loss. 2002.

Golden, Thomas R.

Swallowed By a Snake: The Gift of the Masculine Side of Grief. 1996.

Grollman, Earl A.

Living When a Loved One Has Died. 1995.

Rando, Therese A.

Grieving: How To Go On Living When Someone You Love Dies. 1988.

Simon, Sidney B. and Simon, Suzanne

Forgiveness: How To Make Peace With Your Past and Get On With Your Life.
1991.

Smedes, Lewis B.

The Art of Forgiving: When You Need To Forgive and Don't Know How. 1996.

Staudacher, Carol

A Time To Grieve: Meditations for healing After the Death of a Loved One. 1994.

Wolfelt, Alan

The Journey Through Grief: Reflections On Healing. 1997.

Westberg, Granger E.

Good Grief. 1986.

Woodson, Meg

Making It Through the Toughest Days of Grief: Anniversaries, Holidays and Other Landmark Days. 1994.

PARTNER LOSS

Brothers, Dr. Joyce

Widowed. 1992.

Cosgrove, Melba; Bloomfield, Harold; and McWilliams, Peter

How To Survive the Loss of a Love. 1993.

Ginsburg, Genevieve

Widow To Widow: Thoughtful Practical Ideas for Rebuilding Your Life. 1999.

Lewis, C.S.

A Grief Observed. 1989.

PARENT LOSS

Akner, Lois

How To Survive the Loss of a Parent. 1994.

Brooks, Jane

Midlife Orphan: Facing Life's Changes Now That Your Parents Are Gone. 1999.

Converse, Linda J.

She Loved Me, She Loved Me Not: Adult Parent Loss After a Conflicted Relationship. 2001.

Levy, Alexander

The Orphaned Adult: Understanding and Coping With Grief and Change After the Death of Our Parents. 1999.

Myer, Edward

When Parents Die: A Guide For Adults. 1997.

Nouwen, Henri

In Memoriam. 1980.

Secunda, Victoria

Losing Your Parents, Finding Yourself. 2000.

CHILD LOSS

Berstein, Judith R.

When the Bough Breaks Forever: After the Death of a Son or Daughter. 1997.

Gaber, Ron and Bacon, Jeana

The Death of Adult Children Through the Eyes of Grieving Parents. 1999.

Rothman, Juliet Cassuto

The Bereaved Parents' Survival Guide. 1997.

Sanders, Catherine M.

How To Survive the Loss of a Child. 1998.

ADULT BROTHER OR SISTER LOSS

Ascher, Barbara Lazear

Landscape Without Gravity: A Memoir of Grief. 1994.

Mastley, Scott

Surviving a Sibling: Discovering Life After Loss. 2001.

RESOURCES ON THE WEB

Growth House: www.growthhouse.org/

A very comprehensive resource on dying, death, bereavement.

Bereavement Magazine: www.bereavementmag.com

Online access to articles in previous issues.

American Association of Retired Persons: www.aarp.org/griefandloss

Excellent articles on grief and loss.

Hospice of Central New York: www.hospice-pca.org

A very comprehensive resource on dying, death, bereavement.

Compiled by: Pat Moriarty, M.A., & Manager
The Center for Living With Loss

For further information, please contact:
The Center for Living With Loss
315/634-1100 / www@hospicecny.org

