



# Coping With Grief

Support groups for adults grieving the death of a loved one.

**Coping With Grief will provide:**

- ✓ Information about grief and how it changes us
- ✓ Perspective about different grief-coping strategies
- ✓ Support for individuals and families

**WHEN:** Monday Evenings ~ May 10, 24;  
June 7, 21; July 12, 26; August 9, 23

**TIME:** 6:00-7:00 PM

**WHERE:** Center For Living With Loss at  
Hospice of Central New York  
990 Seventh North Street, Liverpool

The suggested donation range is \$5-\$10 per session.

*Come to one, come to some, come to all.*

*No registration is required.*

*For information, please call Ellen at 634-2207.*